



HOPEDALE CLINICS 2019

These 5 Summer Clinics are sponsored by the Hopedale Recreation Commission:

Location: the Waterfront – Hopedale Pond 4 Hopedale St. Hopedale, MA

*Activities in Hopedale: Archery, using a map & compass,
Fishing, Canoeing, Nature, Fitness, Kayaking & Biking for over 9 years old,
Hiking, Camping and Wilderness survival skills and much more!*

4 Day Sessions Monday - Thursday

4 days each- Monday – Thursday 8:30 am – 2 pm (Optional extended day see below)

Hopedale Session #1	JULY 15 th - 18 th	Regular clinic
Hopedale Session #2	JULY 29 th – Aug 1 st	Regular clinic & High Adventure session (field trip to paintball)
Hopedale Session #3	August 5 th - Aug 8 th	Regular clinic
Hopedale Session #4	August 19 th - 22 nd	Regular clinic

5 Day Sessions Monday - Friday

Extend your week to 5 Days! From 8:30 am – 2 pm (Optional extended day see below)

Hopedale Session #1	July 15 th – 19 th	Regular clinic
Hopedale Session #2	July 29 th – Aug 2 nd	Regular clinic & High Adventure session (field trip to paintball)
Hopedale Session #3	August 5 th - 9 th	Regular clinic
Hopedale Session #4	August 19 th – 23 rd	Regular clinic

1 Day Special Session Monday

Hopedale Session #5	August 26 th *MONDAY ONLY	Special 1 day clinic before school starts (Separate form required)
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Fees for Hopedale Clinics

4 Day Adventure clinics	\$240 (ages 6 – 14)
4 Day High Adventures	\$240 (ages 12 & up by Dec 31) + *Field trip Optional \$38. * See note below
5 Day Adventure clinics	\$295 (ages 6 – 14)
5 Day High Adventures	\$295 (ages 12 & up by Dec 31) + *Field trip Optional \$38
3 Day is optional	\$210 for 3 days during a session, Pre-registration is required.
2 Day is optional	\$150 for 2 days during a session, Pre-registration is required.

Discounts Available

** **EARLY BIRD DISCOUNT \$10 OFF** our 5 day Programs only If registration is in By MAY 31st

*** **SIBLING DISCOUNT \$5 OFF** our 3 or more day programs for the second or more child (first child is regular rate) Discount may be taken only if registration is in by July 5th.

Note: The Field Trip for High Adventures is to Friendly Fire Paintball in Upton. It is optional, for those that wish not to attend stay at base camp for the day and join in regular program.

Clinics run rain or shine – No Refunds!

REGISTRATION

Please download the registration form at www.finandfeathersports.com or pick one up at our shop during regular business hours. You may drop of completed forms with payment or return with payment to:

Fin & Feather Sports "ATTN: Clinics" Po Box 314 Upton, MA 01568-0314

You may pay by credit card at our shop for an added service fee of \$3.95 per person, per session.

You may save any credit card fees/charges if you register in our shop in person by paying check or cash.

HIGH ADVENTURE

What is HIGH ADVENTURES (HA) you ask?

This Special program is offered for multiple sessions throughout our summer program. It is designed for older student girls and boys turning 12 years old by Dec 31 of this year.

It is more challenging with additional adventures such as:

1. Fishing on the water in canoes and kayaks
2. Archery with recurve & compound bows with an archery tournament during the week
3. Fun slingshots with water balloons
4. Biking on the trail on property
5. Orienteering – Map & compass / lashing skills – building a tower & a catapult,
6. Kayaking trip up to 2 hour journey
7. Optional Field Trip: High Adventures is divided into 2 teams for a ½ day of Paintball at Friendly Fire Paintball in Upton, includes all the equipment needed along with unlimited air and 500 rounds of paintballs. The last HA session of the summer we offer a field trip to Central Rock in Worcester, MA for Indoor rock climbing.

(We recommend packing plenty of water, lunch & and snack for the field trips).

Bus ride is included in all field trips.

EXTENDED DAY

An Optional “pay as you go” extended day program is offered each day in for 2.5 extra hours. (With a Minimum required of 4)

Optional Times: 8 am – 8:30 am, 2 pm – 3 pm, 3 pm – 4 pm

Cost is \$7 per hour per person. A \$1 Discount is offered for payment in advance for more than 7 hours per week.

You are asked to register with Fin & Feather directly & payments made to Fin & Feather for all extended day hours.

Daily activities are set up by our extended day coordinator. Fishing, archery, hiking, fitness and more!

Items to bring each day to camp. *No Phones or electronic allowed!

All children should dress for the weather and also bring in a back pack:

*A morning snack

*lunch *preferably peanut free

*refillable water bottle filled daily

*ball cap, rain poncho

*sunscreen and bug repellent (we ask that you apply before drop off ... Thank You).

*Fishing rod & reel (optional)

*Fishing tackle box (optional) * Must check in with counselor before dropping off

(**NO sharp objects, knives or tools allowed)

NOT RESPONSIBLE FOR LOST ITEMS! We follow the rules of school at our programs.