

**Archery Clinics - 3 (1-½ hr.)** Looking for a unique recreation activity? Try out Archery this summer, it's one of the world's oldest sports! Archery is an individual sport that provides the opportunity for anyone to do well. The benefits of archery include exercise, mental focus, self-discipline and social interaction. This program teaches the fundamentals of good form and technique, as well as safety. We will be using recurve bows and target arrows on a 10-15 yard range. No equipment required.

**Outdoor Adventure Clinics 6 available 4 days each -** Ages 6-11 Join this program for an exciting Adventure! This summer the activities are: Archery on a 10- 15 yard range, Hiking and using a map & compass on Grafton Land Trust property, Nature class,

Fishing, Canoeing on Lake Ripple, Kayaking for over 9 years old, Survival and Camping skills and much more. Bring a morning snack and lunch (peanut-free) each day.

**Outdoor High Adventure Clinics 6 available 4 days each -** HIGH ADVENTURE is designed for those turning 11 by July 10 of this year. It is more challenging with additional adventures such as shore fishing and fishing in canoes, trail biking, kayaking up the Quinsigamond river, archery with recurve & compound bows, and more. Bring a morning snack and lunch (peanut-free) each day.

## **GRAFTON LIONS CLUB DATES:**

Outdoor Adventures and High Adventure Clinics Times 9 am-2 pm 7/7-7/10, 7/14-7/17, 7/21-7/24, 7/28-7/31, 8/4-8/7, 8/11-8/14...\$291 per session

Archery Clinics Times 2:15 pm - 3:45 pm 7/7, 7/21, 8/4... \$55 per session

Clinic Location is at the Grafton Lions Club 68 Brigham Hill Rd Grafton, MA Drop off 14 Minutes before start of program.

For additional information, questions and for a Registration form please email us at info.finfeather@gmail.com

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